Gender Differences in Stressful Life Events and Personality Profile of Patients with Myocardial Infarction

Rafia Rafique and Shazia Bilal
Department of Applied Psychology
University of the Punjab, Lahore, Pakistan
Email: rafiawaqar@hotmail.com

Abstract- It has long been established that psycho emotive stress, stressful life events and negative traits are relevant issues in the onset of Myocardial Infarction (MI). More over life event research has provided a pragmatic research oriented viewpoint to a causal association between stressful life events, of varying degree and onset of physical diseases like CHD (Rahe, 1990, 1994; Rahe & Artur, 1978). Evidence pointing in direction of complex and stable biopsychosocial associative patterns has compelled researchers to focus their endeavors on finding association between personality traits, etiology and prognosis of physical illnesses. Scientific community has for long confirmed an association between personality types: Type A, C, D and onset of CHD. In spite of all these research efforts very few researchers have focused on investing whether there is difference in stressful life events faced by male and female patients and further more whether there exists, gender differences in coronary prone personalities.

Remark: The full paper may be found in www.inrit2011.com or www.ijcim.th.org.